

**MARY JO STEMPLER
VOLLEYBALL CAMP**

AT

St. Joseph's Family Life Center

June 27- July 1, 2011

ADVANCED CAMP

9:00 a.m. – 12:00 noon

\$135.00

NON-REFUNDABLE \$75.00 DEPOSIT TO HOLD A SPACE

By June 20, 2011

**MUST HAVE A CURRENT UP TO DATE PHYSICAL SIGNED BY
DOCTOR TO PARTICIPATE**

Late Registration Fee after June 20th of \$30.00

AGES 12 TO 16

Review of basic skill techniques

Individual training on specific skills – Setters and Hitters

Individual training on defensive tactics – Libero

Court Strategies:

Offense 5-1 and 6-2

Defense Rotating and Perimeter

Blocking

Volleyball Specific Conditioning Drills

Contact Al Katko at 556-4611

1695 Wallenberg Blvd. 29407

Date _____

Name _____ Age and School _____

Club Name and Team Level _____

Contact Number _____ Tee Shirt Size (adult only) _____

I hereby state that St. Joseph's or coaches are not responsible for any pre-existing injury or illness of the above named camper. I further understand that all medical needs are my responsibility should my camper sustain and injury during camp.

Signed _____ Address _____